

Patient _____ DOB _____ Date _____

Account # _____ Dr _____

TMD Examination

A. Mandibular Dynamics

IO - Interincisal opening
All pain responses are familiar pain (FP)

1. Opening

- a. Maximum unassisted IO opening without pain _____ mm (if no pain on opening, skip b)
- b. Maximum unassisted IO opening with pain _____ mm Right Yes 0-10 / ____ Left Yes 0-10 / ____
- c. Firm end range at maximum assisted IO; Yes No Maximum assisted IO opening _____ mm
- d. Midline: Yes No
- e. Deflection: Right / Left
- f. Deviation: Right to Midline ____ Left to Midline ____
- g. Intermittent locking on opening: Yes - Right / Left No Reported in history Yes No
- h. Eminence judder: Yes - Right / Left No (if click concurrent with judder - see B1)
- i. Locked open: Right / Left

2. Closing

- a. Intermittent locking from a wide open mouth: Yes - Right / Left No Reported in history Yes No
- b. Can bring back teeth into contact: Yes No - Right / Left

3. Excursions

	Functional	Pain R side	Pain L side
a. Right lateral excursion:	Yes No	Yes 0-10 / ____ No	Yes 0-10 / ____ No
b. Left lateral excursion:	Functional	Pain R side	Pain L side
	Yes No	Yes 0-10 / ____ No	Yes 0-10 / ____ No
c. Protrusion:	Functional	Pain R side	Pain L side
	Yes No	Yes 0-10 / ____ No	Yes 0-10 / ____ No

B. Joint Sounds

1. Opening

	<u>Right</u>			<u>Left</u>		
			pain with noise			pain with noise
	click	Yes No	Yes No	click	Yes No	Yes No
	click eliminated	Yes No		click eliminated	Yes No	
	eminence click	Yes No	Yes No	eminence click	Yes No	Yes No
	crepitus	Yes No	Yes No	crepitus	Yes No	Yes No
2. Closing	click	Yes No	Yes No	click	Yes No	Yes No
3. R Lateral Excursion	click	Yes No	Yes No	click	Yes No	Yes No
4. L Lateral Excursion	click	Yes No	Yes No	click	Yes No	Yes No
5. Protrusion	click	Yes No	Yes No	click	Yes No	Yes No

C. Lateral Pole Palpation

	<u>Right</u>		<u>Left</u>	
pain back teeth together		pain back teeth apart		pain back teeth apart
Yes 0-10 / ____ No		Yes 0-10 / ____ No		Yes 0-10 / ____ No

D. Joint Loading

	<u>Bite Right</u>			<u>Bite Left</u>		
right joint pain	left joint pain	__ muscle	right joint pain	left joint pain	__ muscle	
Yes 0-10 / ____ No	Yes 0-10 / ____ No	response	Yes 0-10 / ____ No	Yes 0-10 / ____ No	response	

E. Muscle Palpation

	<u>Right</u>		<u>Left</u>			<u>Right</u>		<u>Left</u>	
Temporalis					Masseter				
FP Headache	Yes No	Yes 0-10 / ____ No	Yes 0-10 / ____ No			Yes 0-10 / ____ No	Yes 0-10 / ____ No		

Diagnosis

Myalgia	R / L	Subluxation	R / L
- Myofascial Pain with referral	R / L	Disc Displacement with Reduction	R / L
- Headache attributed to TMD	R / L	Disc Displacement with Reduction with Intermittent Locking	R / L
- Lateral pterygoid spasm	R / L	Disc Displacement without Reduction with Limited Opening	R / L
- Trismus	R / L	Disc Displacement without Reduction without Limited Opening	R / L
Arthralgia	R / L	Degenerative Joint disease	R / L